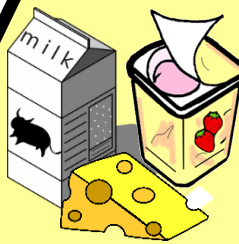


Voedselpiramide

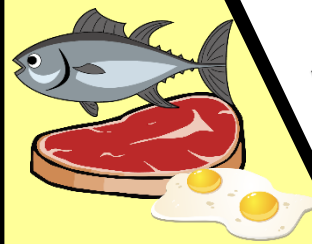
Vette en olies



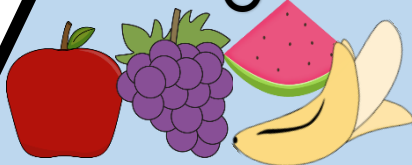
Melk en
melkprodukte



Vleis en
vleisprodukte



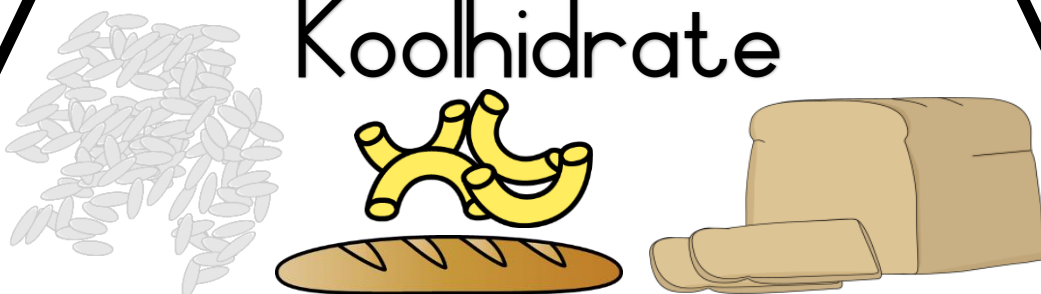
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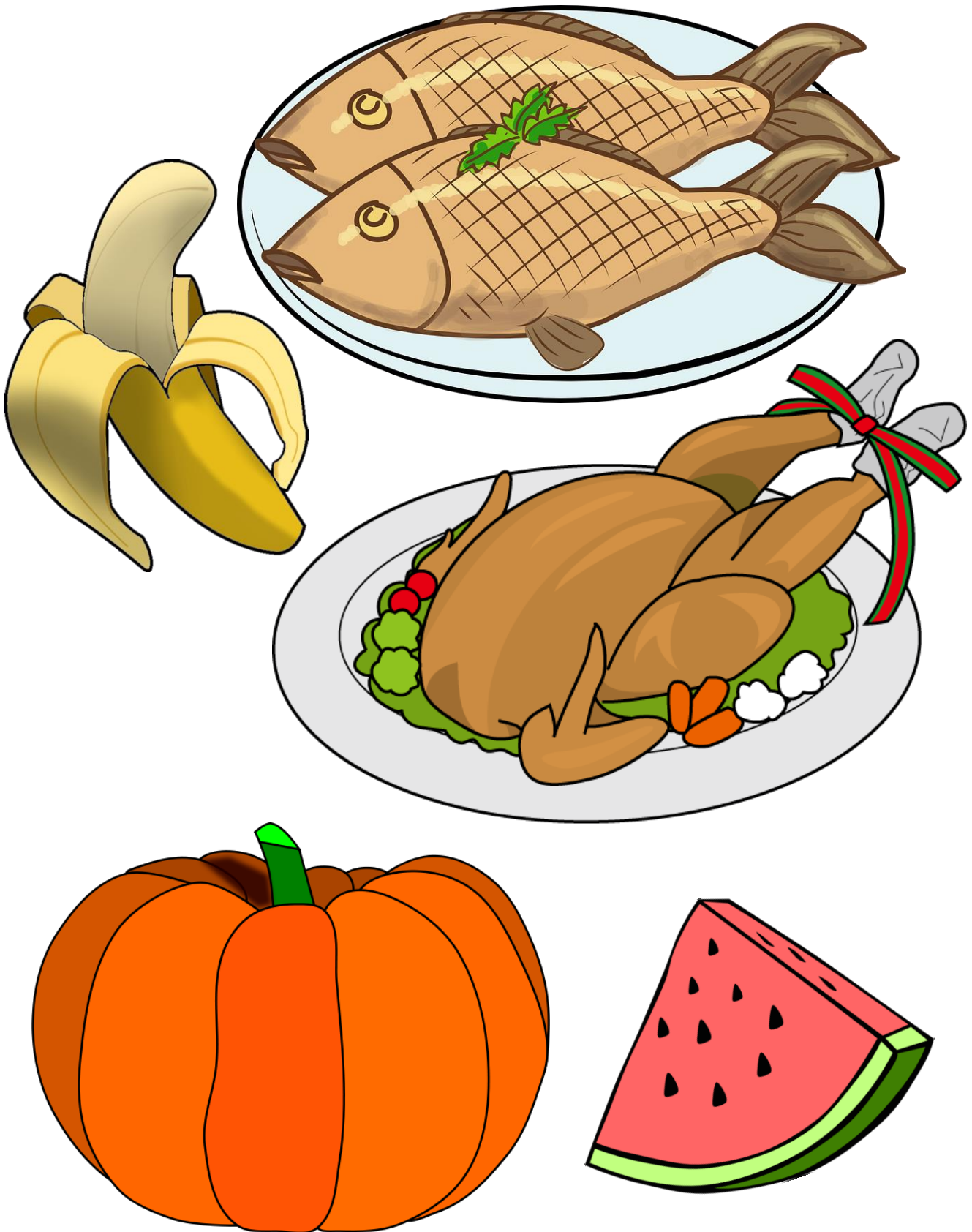
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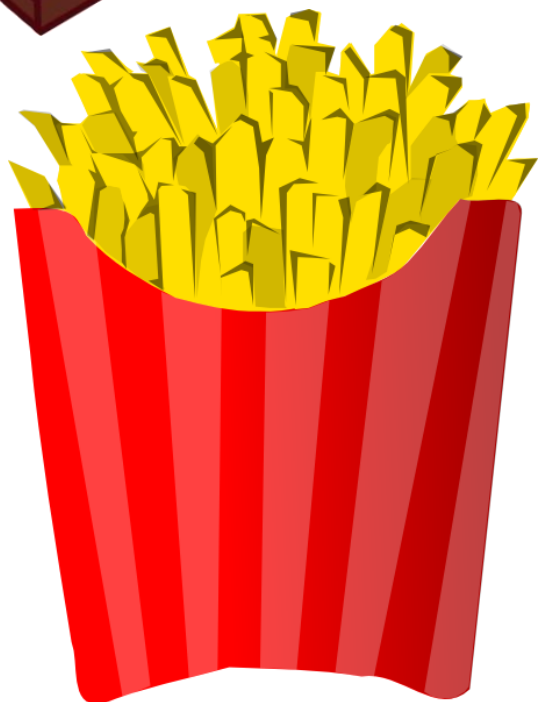
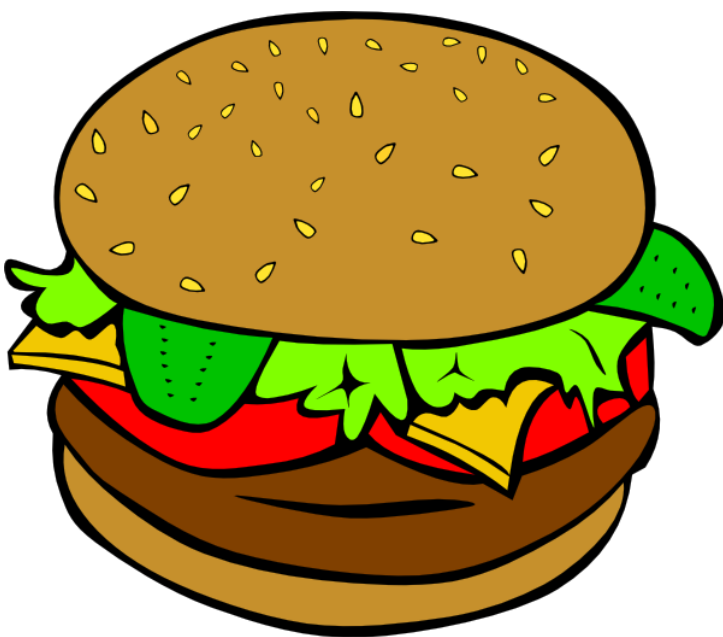
Koolhidrate



Gesonde kos



Ongesonde kos



Gesonde bord

kos

