

Ocean animals Activity 1

Blue rice

What you need:

1. Blue food colouring
2. Rice
3. Ziplock bag
4. Newspaper
5. Ocean animals toys
6. Bowl/container



Method:

1. Place your rice in the Ziplock bag.
2. Add a few drops of blue food colouring.
3. Close the bag and shake well.
4. Leave the rice in the bag for at least 30min in order to dye it blue.
5. After 30min place the rice on newspaper in the sun, leave to dry for at least an hour.
6. When dry place the rice in a bowl, add the ocean animal toys. Place some of the toys on top, other buried in the rice.

My daughter loves this sensory bowl! Tip: place an old sheet on the ground and let your child play with the sensory bin on the sheet, easy to just pick up the sheet and take outside to shake clean.

This is safe to eat, if your toddler still mouths items, but they will soon realise that it doesn't taste good. My daughter threw some of the rice on the sheet and walked on it, she loved the feeling of the rice and laughed from her little belly.

As your child digs the ocean animals out of the bowl tell him / her more about the animal, tell them about the colour of the animal as well as how the animal moves. It can be a super fun activity if you and your toddler copies the animals swimming movements.



Ocean animals Activity 2

pictures

What you need:

1. Ocean animal pictures - (Print and laminate)
2. Ocean animal toys
3. Prestik

Instructions:

1. Stick the pictures of the animals against a wall.
2. Discuss each picture with your child and name the animals.
3. Match your ocean animal toys with the pictures.

Leave the pictures on the wall for a few days. Make sure that you leave the toys in bowl next to the pictures. This will give your child time to play with and match the toys and pictures on his / her own.



Songs

Sticky starfish

Sung to: "Twinkle, Twinkle Little Star"

Sticky, sticky little starfish,
How I wonder what you are,
Beneath the sea so cool and blue
Can you see me as I see you?
Sticky, sticky little starfish
Beneath the sea so cool and blue

I'm a little fish

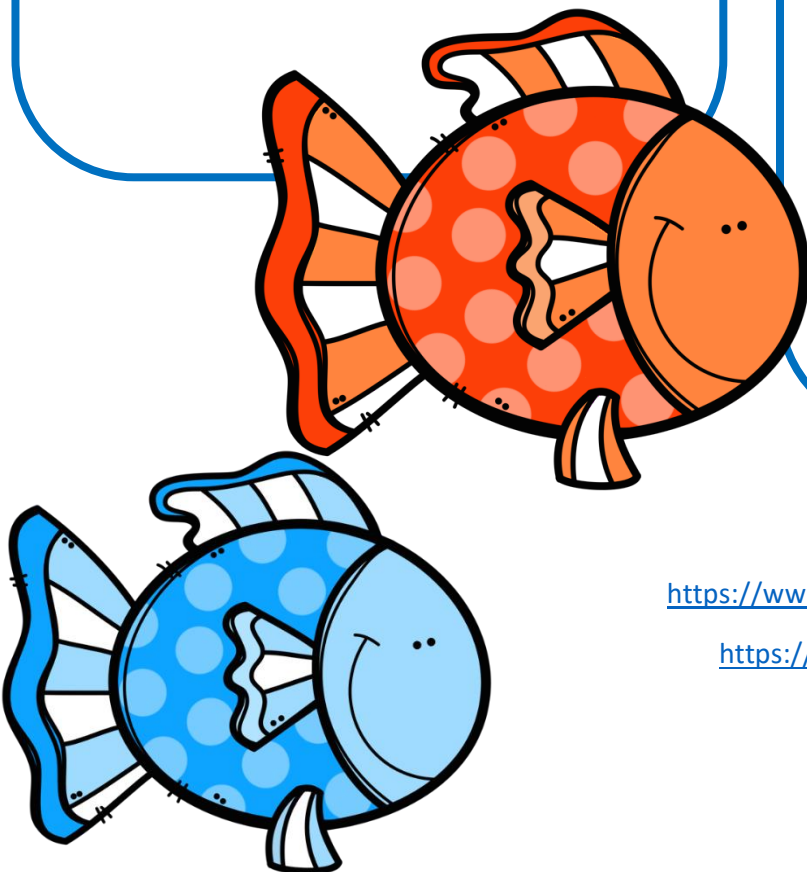
Sung to: "I'm a Little Teapot"

I'm a little fish, I like to swim
(put hands in prayer position facing away from you... They're the fish. Wiggle them back and forth like a fish swimming through the water.)

You can't catch me, 'cause I have fins
(shake finger back and forth "no no no")

When I swim past my friends, I hear them say
(put hand to ear like you're listening)

Stop your swimming and come and play!
(make a STOP gesture with hand and then jump up in the air)



Song credits:

<https://www.kidsparkz.com/preschool-sings-ocean.html>

<https://www.dltk-kids.com/animals/songs/fish.html>