

Life Skills
Assessment Task Term 2
Grade 3

Name and Surname: _____

Date: _____

MEMO

Content Areas		Marks
1. Beginning Knowledge and Personal and Social Wellbeing	40	
2. Creative Arts	20	
3. Physical Education	30	
Total	90	

Beginning Knowledge

Total: ___/20

QUESTION 1: Healthy eating habits

1.1. Write the names of the correct food in the blocks of the different groups. (8)

bread milk bananas cheese pasta

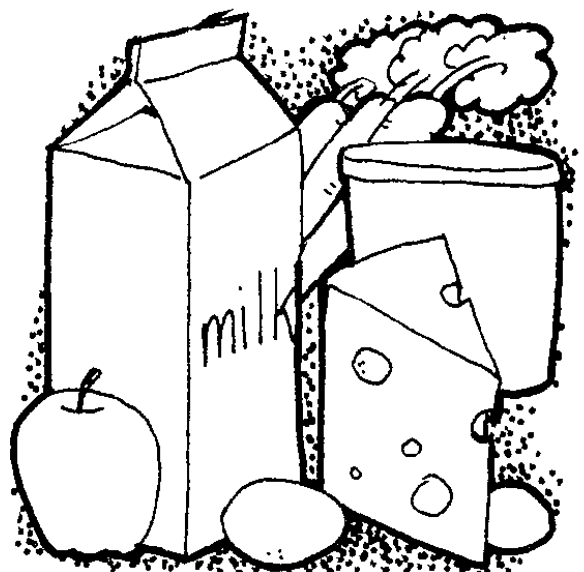
grapes yogurt chicken

Carbohydrates	Proteins	Vitamins and minerals	Fats
bread	chicken	grapes	cheese
pasta		bananas	yogurt
			milk

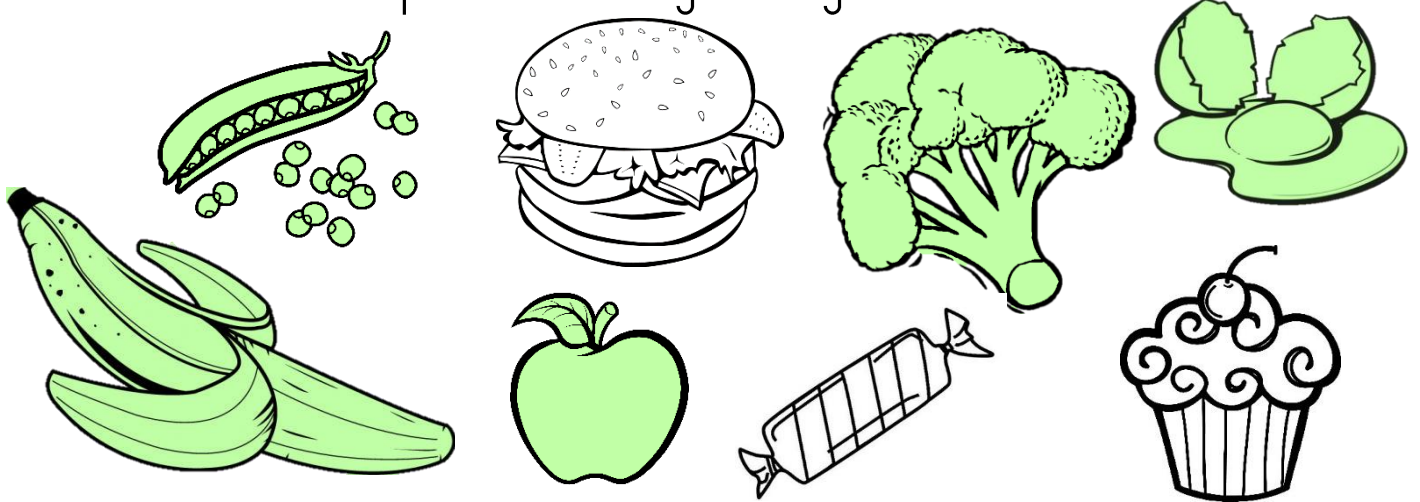
1.2 Complete the sentences by writing the correct word in the correct sentence.

heat Protein infection energy

- a. Protein build new cells to help our bodies grow.
- b. Vitamins and minerals help our bodies to fight infection and to stay healthy.
- c. Carbohydrates give us energy.
- d. We need fats for heat and energy.



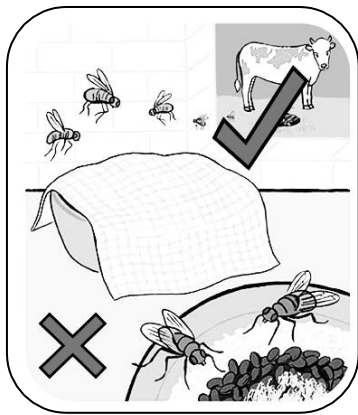
1.2. Colour the pictures showing healthy food. (5)



1.3. Look at the three pictures. Write down the rules for healthy eating. (3)



Always wash your hands before you touch food.



Don't leave food uncovered.



Don't eat old food.

Personal and Social Well - being

Total: 20

Question 1 - Insects

1.1. Name the body parts of the ant by using the words in the blocks. ($6 \div 2 = 3$)

leg

antenna

eye

head

lower body

upper body

antenna

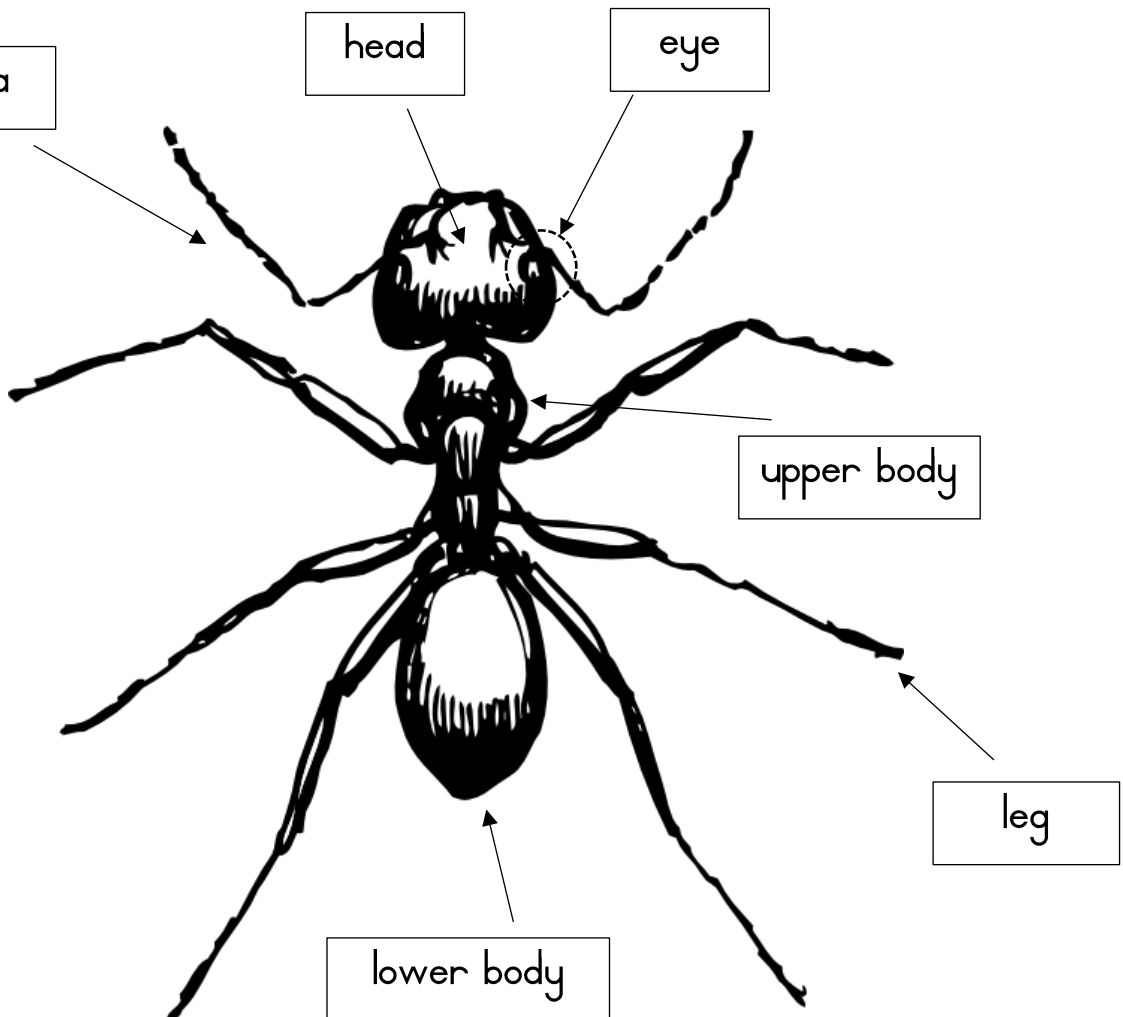
head

eye

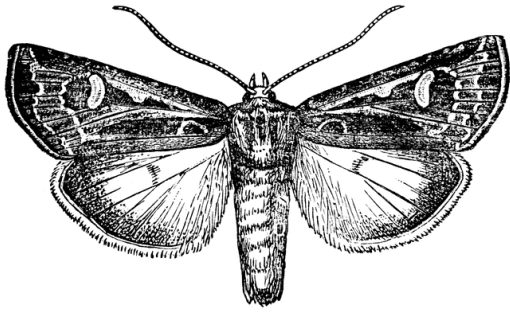
upper body

leg

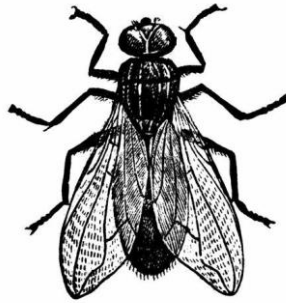
lower body



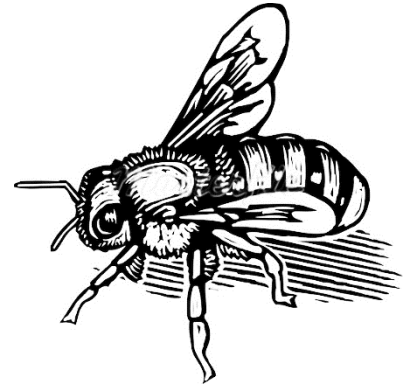
1.2. Name the insects. ($6 \div 2 = 3$)



moth



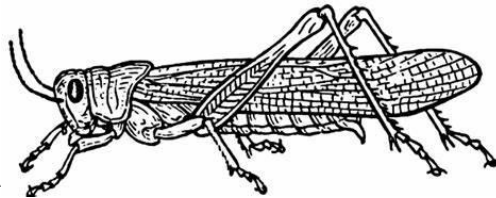
fly



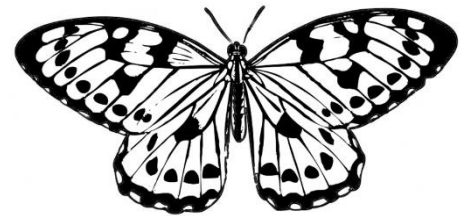
bee



mosquito



locust



butterfly

1.3. Answer the questions:

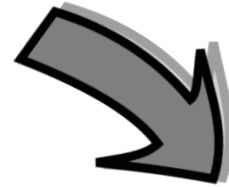
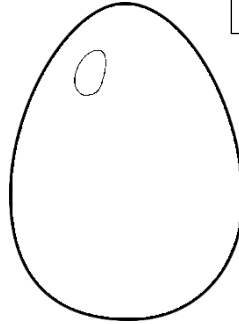
($4 \div 2 = 2$)

- Which insect makes honey? bee
- Which insect pollinates flowers? butterfly
- Which insect spreads malaria? mosquito
- Which insect eats the crops of farmers? locust

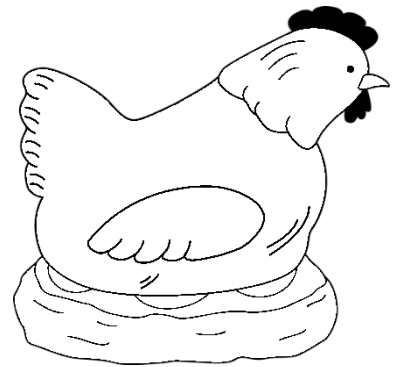
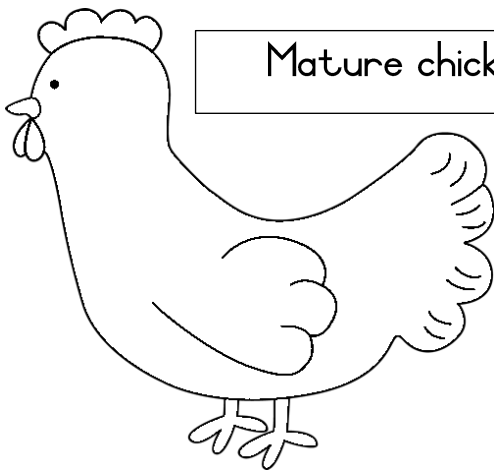
Question 2 : Life cycle

2.1. Complete the life cycle of a chicken. (5)

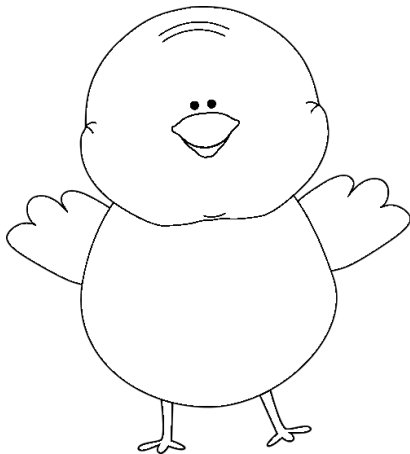
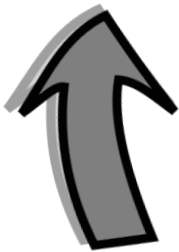
Hen lays egg



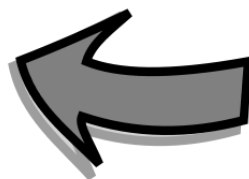
Mature chicken



Hen sits on egg



Chick grows bigger

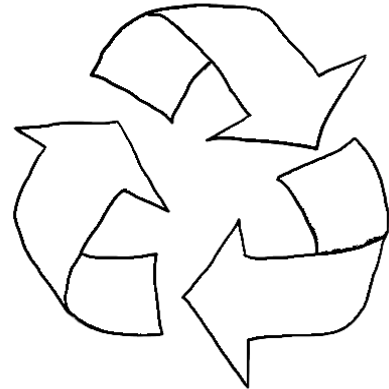


Chick hatches

Question 3 - Recycling

3.1. What does the emblem in the picture represent? ($\frac{1}{2}$)

Recycling / recycling logo



3.2. Write the words to the sentence that describes it correctly. Use a ruler to draw the lines. ($3 \times \frac{1}{2} = 1\frac{1}{2}$)

Re-use		We need to find ways of using paper, bottles and tins.
Reduce		We must re-use as many things as possible before we throw it away.
Recycle		We should reduce our littering.

3.3. Name 4 materials that we can recycle. ($4 \div 2 = 2$)

1. Plastic
2. Metal
3. Paper
4. Glass

3.4. Colour the pictures of the things that can rot. ($4 \div 2 = 2$)



Rubric: Personal and Social Well-being		Marks
Question 1.1. Insects - Name the body parts of an ant.	3	
Question 1.2. Name the insects.	3	
Question 1.3. Answer the questions about insects.	2	
Question 2.1. Complete the lifecycle of a chicken.	5	
Question 3.1. Recycling: What does the emblem mean?	$\frac{1}{2}$	
Question 3.2. Write the words to the sentence describing it.	$1\frac{1}{2}$	
Question 3.3. Name 4 materials that can be recycle.	2	
Question 3.4. Colour the pictures of things that can rot.	2	
Total	____/20	